



MASSAGE

ACUPUNCTURE

CHIROPRACTIC

BODY TECHNIQUES AND SYMMETRY CHIROPRACTIC CAN ACCOMMODATE ALL OF YOUR MASSAGE THERAPY AND HOLISTIC HEALTH NEEDS.

THE ROAD TO RELAXATION BEGINS HERE...

MENTION THIS NEWSLETTER AND RECEIVE YOUR FIRST ONE HOUR SWEDISH MASSAGE FOR \$49!!

*SPECIALTY TECHNIQUES- REQUIRE AN ADDITIONAL \$10



Symmetry

Chiropractic

A different approach to chiropractic

2329A Eagle Ave. Alameda

www.SymmetryChiropractic.com

PH 510.769.0125

Special Announcement

We hope everyone has been enjoying our e-mail newsletters, and are passing them on to those in need of chiropractic services. With the constant hope of improving Symmetry Chiropractic and the service we provide, we are excited to announce that we have joined forces with Alameda's ultimate well-being facility, "Body Techniques."

Why you may ask?

It is important for us to support local businesses that provide a healthier way of living. Especially those that support a Chiropractic lifestyle. After experimenting with having private massage available in our office, we found ourselves wanting to offer a more expansive variety of massage techniques. Our prayers were answered with



a phone call from Austin and Rowan of Body Techniques. They were searching for a Chiropractor to refer their clients to. After visiting Symmetry Chiropractic and being impressed with our office, Austin and Rowen felt confident we would be able to help their clients who needed something beyond massage and acupuncture. I then visited Body Techniques on Harbor Bay island and was equally impressed by their facility. They offer 3

themed rooms for the perfect massage, including everything from Hot Stone to Deep Tissue Treatments. Experienced, professional therapists are available at the most convenient hours including weekends. In addition, they make massage affordable with outstanding monthly specials. With this said, we hope you will check out WWW.BODYTECHNIQUES.COM for more information.

We would like to thank Raul Castro of Descanso Massage for his contribution to Symmetry Chiropractic. Bodywork by Raul is still available at his home studio. Please call Symmetry Chiropractic for Raul's contact info or for more information.

VISIT SYMMETRY CHIROPRACTIC MONDAY 4-6 AND FRIDAY 10-12 FOR A COMPLIMENTARY CHAIR MASSAGE FROM BODY TECHNIQUES. CALL TODAY TO RESERVE YOUR SPACE!

IF IT ANY TIME, YOU WOULD LIKE TO BE REMOVED FROM OUR E-MAIL LIST, PLEASE REPLY WITH A REQUEST.